

"There's No Place Like HOMES"

Resident, Alumni, Family, & Friends Newsletter

September 2009

NAMIWalks: Sept. 26 @ 9 AM

The "HOMES Heroes" will be participating in the 5th annual NAMIWalks Orange County event, and we need walkers, volunteers, and donors to join our team by signing up at www.nami.org/namiwalks09/OCO/HOMES. We have red superhero capes for walkers and volunteers (who want to wear them) on the day of the event!

Mountain Respite Camp 2010

The Instigators have been doing a great job planning next year's Camp, which will be held June 10 to 13, 2010. (That's Thursday through Sunday.) While Camp scholarships will no longer be available, the planning group is arranging a bank account so that people can make monthly payments through June 4, 2010. Next year there will be a cap of 112 campers, and people will be added to the list after they submit a nonrefundable \$30 deposit to the camp account. If you would like to participate in the Camp planning process, come to the Sept. 18 Instigator's meeting. (See time and address below.) For more information, you can e-mail MountainRespiteCamp@yahoo.com.

September Activities

- A new support group called "Hope's Nest," open to anyone with a mental illness, meets monthly at Trinity United Presbyterian Church. The next meeting is Sept. 6, in Room 505 of the Fellowship Hall; see address below.
- Enjoy dancing, music, crafts, food, story-telling, and more at the 2nd annual Pacific Islanders Festival on Sept. 19 & 20 in Huntington Beach! Admission and parking are **FREE**; you can purchase food and beverages.
- Trinity's annual Community Festival is Sept. 20, to showcase agencies that their ministries support. HOMES will have an information table at the Festival, and we can use volunteers; call (949) 851-2766 if you'd like to help.
- DBSA is hosting an "In Our Own Voice" presentation, featuring NAMI speakers who are recovering from mental illness, on Sept. 21 at 7:30 PM. I encourage any resident or alumni to attend, especially if you might be interested in being trained as a speaker in the future. There will be light refreshments served at 7 PM, in Rm. 1 on the 2nd floor of the Sister Frances Dunn/Northeast Building at St. Joseph's Hospital. (See address below.)

September Activity Calendar

Please RSVP to (949) 851-2766 BEFORE you attend any HOMES activity (except on-going groups)

Sept. 4, 7 PM	Line Dancing (Elk's Lodge, 7212 Melrose, Buena Park; \$6 + \$ for beverages)
Sept. 6, 12:30 PM	Hope's Nest Group (Trinity United Presby. Church, 13922 Prospect, Santa Ana; FREE)
Sept. 6, 8:30 PM	Sarah sings (Silky Sullivan's, 10201 Slater Ave, Fountain Valley; no cover charge)
Sept. 7, 2-6 PM	Labor Day BBQ & potluck (1310 W. Diamond, Anaheim; bring side dish/salad/dessert.)
Sept. 11, 3 PM	Diabetes Support Group (15432 Jackson Street, Midway City; FREE)
Sept. 11, 7 PM	Line Dancing (Elk's Lodge, 7212 Melrose, Buena Park; \$6 + \$ for beverages)
Sept. 18, 3 PM	Instigators Meeting/Camp Planning (1310 W. Diamond, Anaheim; FREE.)
Sept. 19, 10 – 5 PM	Pacific Islander Festival (HB Central Library Park, 18381 Goldenwest St.; FREE)
Sept. 20, 9–noon	Community Festival (Trinity United Presby. Church, 13922 Prospect, Santa Ana; FREE)
Sept. 21, 7 PM	"In Our Own Voice" @ DBSA (St. Joseph Hospital, 1100 W. Stewart Drive, Orange; FREE)
Sept. 22, 9-5:30	Career Networking Conference (Delhi Center, 505 E. Central Ave, Santa Ana; FREE)
Sept. 23, noonish2	"2Bdetermined" movie (Main Place Mall, 2800 N. Main Street, Santa Ana; \$1.75)
Sept. 25, 3 PM	Diabetes Support Group (15432 Jackson Street, Midway City; FREE)
Sept. 26, 9 AM	NAMI Walk (Huntington Beach Pier, Pacific Coast Hwy. @ Main St.; FREE)
Sept. 28, 3 PM	Beach Cookout (Hunt. State Beach, between lifeguard stations 13 & 14; bring potluck)