

"There's No Place Like HOMES"

Resident, Alumni, Family, & Friends Newsletter

October 2008

Trinity "Faith In Action" Day: October 11

On Saturday morning, October 11, volunteers from Trinity United Presbyterian Church will be helping to beautify our El Modena House in Orange, and all HOMES residents are invited to join us. We can use help with scraping and painting trim, clearing overgrown vegetation, planting flowers and vegetables, and preparing lunch for the volunteers. Please RSVP to (949) 851-2766 for more information and directions.

HOMES Board Member to Visit Houses

One of HOMES' founding Board members, Eileen Miller, will be attending some of our house meetings in October. Eileen is a retired Social Worker who helped start HOMES in 1985, and many of you know her already from outings, events, and mental health community meetings. Eileen also serves on the HOMES Program Committee, and she would like to observe a meeting at each house.

HOMES Interns Help Out

Most of you have met our current interns, Ben Bulone and Dan Pickard. When they're not calling about outings or updating resident goal plans, each intern will also be offering a group or class from October to February. Ben is teaching a Cooking Class at Jackson Aisle on Fridays at 11:30 AM, and on October 3 Dan is starting a Dual Recovery Group at Jackson Aisle on Fridays at 1:30 PM. All HOMES residents are invited to participate; please call Ben or Dan at (949) 851-2766 if you're interested in either activity.

Mental Health Board Arts Committee

Janice DeLoof (artist, art educator, and Chair of the OC Mental Health Board) is spearheading an Arts Committee to encourage the use of all the arts (visual, musical, theatrical, and written) to facilitate recovery from mental illness. If you are interested in joining the committee, please RSVP to Danielle Hopson via email: dhopson@ochca.com or by calling her at (714) 834-5481 before Oct. 17.

October Activities:

Please RSVP to (949) 851-2766 BEFORE you attend any HOMES activity!

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| Oct. 3, 11:30 AM | Cooking Class (Jackson Aisle, 15432 Jackson St., Midway City; \$2) |
| Oct. 3, 1:30 PM | Dual Recovery Group (Jackson Aisle, 15432 Jackson St., Midway City; FREE) |
| Oct. 4, 8:00 AM | NAMI Walk (Huntington Beach Pier, PCH & Main St.; FREE) |
| Oct. 10, 11:30 AM | Cooking Class (Jackson Aisle, 15432 Jackson St., Midway City; \$2) |
| Oct. 10, 1:30 PM | Dual Recovery Group (Jackson Aisle, 15432 Jackson St., Midway City; FREE) |
| Oct. 16, 8:00 PM | "Oklahoma!" (Plummer Auditorium, Lemon/Chapman in Fullerton; FREE) |
| Oct. 17, 11:30 AM | Cooking Class (Jackson Aisle, 15432 Jackson St., Midway City; \$2) |
| Oct. 17, 1:30 PM | Dual Recovery Group (Jackson Aisle, 15432 Jackson St., Midway City; FREE) |
| Oct. 22, 11:00 AM | MHB Arts Committee (405 W. 5th Street, #202, Santa Ana; FREE) |
| Oct. 24, 11:30 AM | Cooking Class (Jackson Aisle, 15432 Jackson St., Midway City; \$2) |
| Oct. 24, 1:30 PM | Dual Recovery Group (Jackson Aisle, 15432 Jackson St., Midway City; FREE) |
| Oct. 27, 1 PM | mini golf (Boomers, 16800 Magnolia, Fountain Valley; FREE w/RSVP) |
| Oct. 31, 10 AM | fishing (Laguna Lake, 3120 Lakeview Drive, Fullerton; need fishing license) |

Sign up at www.nami.org/namiwalks08/OCO/HOMESHeroes to join our October 4 NAMI Walks 5k "HOMES Heroes" walk/volunteer team!