

“There’s No Place Like HOMES”

Resident, Alumni, Family, & Friends Newsletter

November 2009

NAMI Connection Support Group

Starting Nov. 30 there will be a new weekly support group for clients in Orange County called “NAMI Connection.” This is a **FREE** self-help group with trained facilitators, and is open to any adult with a mental illness. Connection will meet every Monday at 6 PM at Crystal Cathedral in Room #236 of the Family Life Center, a four story building in the northwest corner of the grounds. (See address below.) Please help spread the word to clients throughout the County so we can get this much-needed group established and going strong. Call 714-544-8488 x112 for more info.

November Activities

- Thanks to **Brian H. (Riley House)** we have 15 **FREE** tickets to **The Huntington**, located in San Marino (near Pasadena) to see a fantastic collection of books and manuscripts (including a Gutenberg Bible and original Audubon sketches), artwork (including “Pinkie” and “Blue Boy”), and 207 acres of gardens. Please RSVP if you’d like to attend, and let me know whether you’ll need transportation or can provide transportation for others.
- We’ll be taking a look at the new **Wellness Center of OC**, which provides **FREE** activities for clients, including yoga, equine group, classes on meditation and spirituality, art, Dual Diagnosis groups, etc. You can drop by the Center any time during business hours, or you can meet up with us there at 1 PM on Nov. 6 for a tour.
- On Nov. 18 there will be a **job fair** for clients at the Delhi Center (address below.) The fair will feature booths to help people identify interests, strengths, & experience; many vocational agencies will participate.
- Nov. 25, Sarah Peterson sings with “Parkai Moon” at **Silky Sullivan’s** (named “best Irish pub in OC” by OC Register.) There’s no cover charge, but bring \$\$ to eat, drink, and tip your waitress. (Appetizers, sandwiches, or the great “Irish Sundae” stuffed potato for under \$10; full dinners \$10 to \$20.) Come dance with us!
- We’ve had a **Thanksgiving Day potluck** at Jackson Aisle (address below) for several years, and all residents, alumni, and friends of HOMES are welcome to join us. Please bring a side dish, salad, or dessert to share.

November Activity Calendar

Please RSVP to (949) 851-2766 BEFORE you attend any HOMES activity (except on-going groups)

Nov. 5, 10 AM	Huntington Library, Art, Gardens (1151 Oxford Rd, San Marino, 91108; FREE)
Nov. 6, 1 PM	Wellness Center of OC (1910 N. Bush St., Santa Ana 92706; FREE)
Nov. 6, 7 PM	Line Dancing (Elk’s Lodge, 7212 Melrose, Buena Park; \$6 + \$ for beverages)
Nov. 13, 3 PM	Diabetes Support Group (15432 Jackson Street, Midway City; FREE)
Nov. 18, 10 AM	Consumer Job Fair (Delhi Ctr., 505 E. Central Ave. Santa Ana; FREE)
Nov. 20, 3 PM	Instigators Meeting/Camp Planning (1310 W. Diamond, Anaheim; FREE .)
Nov. 25, 3 PM	Diabetes Support Group (15432 Jackson Street, Midway City; FREE)
Nov. 25, 7:30 PM	Sarah Sings at Silky Sullivan’s (10201 Slater Ave., Fountain Valley, 92708; no cover)
Nov. 26, 4 PM	Thanksgiving potluck (15432 Jackson Street, Midway City; FREE)
Nov. 30, 6 PM	NAMI Connection (Crystal Cathedral, 12141 Lewis St., Garden Grove 92840; FREE)

Mountain Respite Camp Update: NAMI/Orange County has set up an account for payments towards Camp 2010! The full cost of Camp is \$170 and there won’t be volunteer scholarships through HOMES next year, but other agencies may give scholarships or you can make payments. To get on the Camp roster, submit a registration form with a non-refundable \$30 deposit (made out to NAMIOC, with “Camp” written on the memo line at the bottom of the check) and mail it to Mountain Respite Camp, 1810 E. 17th St., Santa Ana, CA 92705.) Please register soon so we can put deposits on the camp and buses! Join the Instigators meeting on Nov. 20 to help plan Camp.