

# "There's No Place Like HOMES"

Resident, Alumni, Family, & Friends Newsletter

April 2009

*Calling all musicians in the mental health community! If you'd like to perform at the MHSU Recovery Arts Fair on May 21, let us preview your song(s) on April 30 between 4 and 7 P.M., or on May 1 between 1 and 4 P.M. Contact Shannon at (949) 851-2766 or [jacksonaisle@yahoo.com](mailto:jacksonaisle@yahoo.com) for more info.*

## Volunteer Opportunities for Camp Scholarships

There will be three more "spring cleanings" in April: El Modena House on April 13, Cypress House on April 20, and Rome House on April 27. We can also use helpers for the Cooking Class at Diamond Apartments on Fridays at 11:30 AM, plus volunteers will be needed for the April 10 Easter potluck, the April 14 Beach Cookout and the April 28 newsletter mailing. (Details in schedule below.) For the potluck & cookout, volunteers should bring a side dish, salad, or dessert, arrive 30 minutes early to help prepare, and help clean up after eating. *Camp is already half full, so get your applications in now!*

## Easter Potluck, April 10 at Noon

All HOMES residents and alumni are invited to an Easter Potluck at Diamond Apartments from noon to 2 PM on April 10. HOMES will provide the main dish and beverages; guests are asked to bring a side dish, salad or dessert to share with others. *Please RSVP by April 8 so we can purchase enough food.*

## Diabetes Support Group

Our Diabetes Mutual Support Group will start at Jackson Aisle on April 10, and will continue on the second and last Fridays of every month. Any client who has experienced high blood sugar is welcome to attend, whether you've already been managing diabetes for years, or have only recently been diagnosed.

## April Activities

*Please RSVP to (949) 851-2766 **BEFORE** you attend any HOMES activity!*

Apr. 3, 11:30 AM	Cooking Class (1310 W. Diamond, Anaheim, near Lincoln & Wilshire; \$3)
Apr. 10, noon	Easter Potluck (1310 W. Diamond, Anaheim CA; <b>RSVP &amp; bring potluck item</b> )
Apr. 10, 3 PM	Diabetes Support Group (15432 Jackson Street, Midway City; <b>FREE</b> )
Apr. 13, 10 AM	El Modena cleaning (11742 Esplanade, Orange CA 92869; <b>vol. hrs.</b> )
Apr. 14, 3 PM	Beach Cookout (Hunt. Beach State Beach, bet. Stations 13 & 14; <b>bring potluck item</b> )
Apr. 17, 11:30 AM	Cooking Class (1310 W. Diamond, Anaheim, near Lincoln & Wilshire; \$3)
Apr. 17, 2 PM	Instigators Meeting (1310 W. Diamond, Anaheim; <b>vol. hrs.</b> )
Apr. 20, 10 AM	Cypress House cleaning (555 N. Cypress Ave., Orange CA 92867; <b>vol. hrs.</b> )
Apr. 21, noonish	\$1 Movie (Mainplace Mall, 2800 N. Main, Santa Ana)
Apr. 24, 11:30 AM	Cooking Class (1310 W. Diamond, Anaheim, near Lincoln & Wilshire; \$3)
Apr. 24, 3 PM	Diabetes Support Group (15432 Jackson Street, Midway City; <b>FREE</b> )
Apr. 27, 10 AM	Rome House cleaning (3035 W. Rome Ave., Anaheim, near Beach/Ball; <b>vol. hrs.</b> )
Apr. 28, 1 PM	newsletter mailing (1310 W. Diamond, Anaheim; <b>vol. hrs.</b> )
Apr. 30, 4 to 7 PM	Music Screening (1310 W. Diamond, Anaheim 92801, near Lincoln & Wilshire)

*You can get a First Aid or CPR certificate for only \$5 at the "Super CPR Day" event at Angel Stadium on April 18. RSVP today as space is limited by calling (714) 481-5351 or online at [www.oc-redcross.org](http://www.oc-redcross.org).*